# Think Different Consulting – Change your mind, not the child.



# Services for Families

# Why choose Think Different Consulting?

- √ 25 years' experience working in primary and secondary mainstream schools, and specialist schools and facilities.
- ✓ Proven track record of successful support to schools, parent/carers and young people across the city of Brighton & Hove.
- ✓ Up-to-date, progressive thinking around autism is embedded in all the work I do.
- ✓ Detailed understanding of the SEN system including funding, common challenges, and practical solutions.
- ✓ Able to work with young people who are formally diagnosed, and those on the pathway to diagnosis, or who identify as autistic.
- ✓ As an independent specialist, I can give honest opinions on the suitability of placement and advise where else might better meet a young person's needs, if required.

#### What I offer

### Supporting your child in their education setting

- School visit(s) include observing your child, meeting with them 1:1 (if appropriate), and meeting with yourselves and any key staff. <u>NB</u> I can also meet with you and your child outside of the school setting or online if this would be more suitable. A follow-up report with recommendations is included.
- Additional visits which might include: further observations; direct training/support to your child's key staff; review of recommendations.
- I can also attend meetings with you and your child's school, for example EHCP reviews.

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#### Support around the EHCP process

- Review of EHCP documents (reports from other professionals and draft/final EHCP). Returned to you with suggested amendments/additions, or questions to ask your SENCo or Case Work Officer.
- Support in communicating with your child's school or local authority attending meetings; drafting/writing emails etc.
- Attendance at online planning meetings with you, to review your child's provision and help you think through next steps.
- Advice and guidance around EOTAS or hybrid school/EOTAS packages, including coordinating this if desired.

#### Individual work with your child

- If you're wondering whether your child may be neurodivergent, I can offer my
  opinion on whether an assessment would be helpful to pursue. This is done
  through meeting (and sometimes observing) them, talking to you to understand
  their history and current context, and may also include reading of other
  professionals' reports.
- Whether or not your child has a diagnosis, I can support you to understand and respond to your child's needs within the home setting.
- 1:1 mentoring, using a strengths-based approach, encouraging your child to:
  - Feel more confident as an autistic person, and more comfortable with their autistic identity.
  - Understand the strengths and challenges that are unique to them, within the context of autism.
  - Develop curiosity about the similarities and differences between autistic and neurotypical processing.
- In addition, for older children/young adults, to:
  - Connect with the wider autistic community, if they wish, in a way that suits their social communication preferences.
  - Recognise the support that works best for them as an autistic learner/young person.
  - Feel confident in advocating for themself and engaging with supportive structures, within an education context.
  - Map out the areas in which they would like to develop skills, confidence or better understanding, both in the short and long term.

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Please let me know if I can assist with anything else. I am happy to support you with bespoke needs – just let me know!

#### Costs

NB Costs include time spent in direct work with you/your child/school, and time for preparation and paperwork, e.g planning sessions, reading or writing of reports.

- 1-2 consecutive hours £90/hr
- 3-4 consecutive hours £85/hr
- 5 + consecutive hours £80/hr

I do not charge additionally to read/file emails, or for emails around arrangements for visits etc.

I am happy to put together costed proposals, to go forward to Local Authorities, or Education Settings. Or you may choose to self-fund.